



NAMI Connection

National Alliance on Mental Illness **RECOVERY SUPPORT GROUP**

Brought to you by
NAMI Nacogdoches

For more information, please
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What is NAMI Connection?

A recovery support group program for adults living with mental illness that is expanding in 47 states throughout the country. These groups provide a place that offers respect, understanding, encouragement, and hope.

- Connection group offers a structured group process designed to encourage, support and empower people.
- Connection groups are free and confidential
- Connection groups are open to any adult living with a mental illness
- Connection groups are led by trained facilitators living in recovery themselves

When and Where is NAMI Connection in Nacogdoches?

- Connection group will **begin July 8th** and be **every 2nd and 4th Monday of each month**
- Connection group will be from **11am - 12pm**
- Connection group will be held at:

**Nacogdoches Memorial Hospital
Auxiliary Conference Room
1204 N Mound Street
Nacogdoches, TX 75965**