

Better Together Board Meeting: Agenda

Friday, March 24th, 2023 - 12 pm - 1 pm
School of Social Work, Room 203 / Zoom

Purpose: provide updates on the work of standing committees, ad-hoc committees, and web-site revisions

Meeting to open 12:01pm

Meeting approval motioned Mario Second Tracie

1. Standing Committees and officer positions
 - a. Sustainability Committee
 - i. Anna Donihoo regarding upcoming changes to staffing
 - ii. Anna Hartman
 1. Graduating in May, Passed LMSW, working towards Clinical Licensure, Last day will be May 12, 2023
 2. Opening up a window of opportunity for staffing position, the sustainability committee will continue to work on decisions for staffing position. Need grant writer. Need to work fast because only have a few months
 - b. Common Agenda Committee
 - i. This group will oversee and evaluate the implementation of the Common Agenda
 - ii. This committee still needs board members, partners, and community members
 1. Motion for Amelia to join Common Agenda Committee. Motion approved
2. Ad-hoc Committees
 - a. Youth Wellness Committee
 - i. Andrew Dies
 1. Erin and Andrew met to discuss opportunities between SFA, ISD, school districts
 2. Encourage students to not get in a crisis
 3. Youth Wellness Committee approved by Exec. Committee to continue in motion
 - b. Blue Zone Committee
 - i. Mario Torres
 - ii. 15-minute video presentation
 - i. The Blue Zones project aligns with what we are doing with Better Together (Power 9, lifestyle impact)
 - ii. \$5,000 fee for Dan Buettner to come speak in Nacogdoches and discuss the benefits of bringing Blue Zones in our County
 - iii. There were concerns expressed about whether the \$5,000 fee would be worth it or not. After discussion, the board came to the consensus that having Dan Buettner come speak would at least initiate a conversation about this project even if we are not able to go forward with the process.
 - iv. We can leverage Better Together funds, donations from local businesses as well as insurers (BCBS, United, etc.)
 - v. This would be a huge benefit to the hospital district as Hart H. noted
 - vi. Amelia F. noted that it is mutual reinforcing to have an umbrella org to provide opportunity for collaboration will help with implementation of downtown master plan

Carlos: Motion to reach out to Dan Buettner and Blue Zones team to share further information Hart seconds, motion carried

3. How-to festival
 - a. Anna Hartman
 - i. Attending how-to festival
 - ii. Anna attending Central Heights ISD for BT table
4. Web-site
 - a. Anna Donihoo has started revisions
 - b. Dr Avant is working with Hogg Foundation regarding budget for this expense
5. City Health Dashboard Application
 - a. Anna Donihoo
 - b. Update on application process
 - i. Thanks to Amelia for letter
6. Grant on youth fell through

April 28th next Board Meeting

Anna Donihoo adjourns meeting at 12:56pm